

Karen Kain
Artistic Director

#16

Dance About Performs in Ontario's Near North District School Board March 30, 2010

On Stage
Four Seasons Centre
for the Performing Arts

Mailing Address
The Walter Carsen
Centre for
The National Ballet
of Canada
470 Queens Quay West
Toronto, Ontario
Canada M5V 3K4

Administration
416 345 9686

Fax
416 345 8323

Website
national.ballet.ca

Charitable
Registration Number
11905 1449 RR0001

March 17, 2010... **Karen Kain**, Artistic Director of The National Ballet of Canada, today announced that **Dance About** will travel for the first time to Ontario's Near North District School Board for two performances at Maple Ridge Public School in Powassan and Sundridge Centennial Public School in Sundridge on March 30, 2010.

For over 40 years, **Dance About** has been going into schools, giving children from various socio-economic backgrounds and cultures the opportunity to experience classical ballet in their own environment, making the art form more accessible to them. In the 2009/10 season, **Dance About** will perform 16 shows in Greater Toronto Area schools and two shows in Northern Ontario.

Dance About includes four dancers, a piano accompanist and a narrator who guide students through a day in the life of a dancer, from ballet class (the daily ritual of stretches and exercises) to a performance. The programme features demonstrations of basic ballet exercises, pointe work, partnering, make-up and wardrobe, as well as the creation of exciting and dramatic characters. Highlights of the performance include a selection of dances from The National Ballet of Canada's repertoire and students participating in mime demonstrations.

The National Ballet of Canada's Winter Season continues with James Kudelka's *Swan Lake*, which runs until March 21, 2010 at the Four Seasons Centre for the Performing Arts.

The 2009/10 season is presented by CTV and The Globe and Mail.

Dance About is sponsored by Scotiabank.

- 30 -

For more information, please contact:

Catherine Chang
Senior Public Relations Manager
416 345 9686 x302
cchang@national.ballet.ca
national.ballet.ca

Wendy Liebner
Publicity Coordinator
416 345 9686 x332
wliebner@national.ballet.ca
national.ballet.ca